```
Variable  Col Len Format   Frequency ComQues# FacQues#  Variable Type & Label
--------  --- --- -------- --------- -------- --------  ----------------------------------------
```

This file contains information about those persons who helped the SP perform various activities. These are activities of daily living (ADLs), instrumental activities of daily living (IADLs), making Medicare insurance decisions, and/or taking care of Medicare paperwork. It includes each helper's relationship to the respondent and specifies which activities in which the helper assists.

There is one record for each person who helped the SP with an ADL, an IADL, or other activity. Therefore, it is possible to have one, several, or no records per respondent.

```
RIC       1  2                                          C Record Identification Code

VERSION   3  1                                          C Version Number

BASEID    4  8  $BSIDFMT                                 C Unique SP Identification Number

                         10,665            LOW-HIGH BASEID Count

HLPRNUM  12  2                                          C Helper Identification Number

HLPRREL  14  2  RELFMT                                  N Relationship of Helper to SP

                              7                -8 Don't know
                              3                -7 Refused
                              0                -5 Never ask again
                              0                 1 Sample person
                          3,627                 2 Spouse
                            976                 3 Son
                          2,053                 4 Daughter
                             95                 5 Brother
                            288                 6 Sister
                            107                 7 Father
                            404                 8 Mother
                             80                 9 Son-in-law
                            207                10 Daughter-in-law
                            121                11 Grandson
                            261                12 Granddaughter
                             47                13 Nephew
                            141                14 Niece
                            106                50 Partner/roommate
                            595                51 Friend/neighbor
                             11                52 Boarder
                            261                53 Nurse/nurses aide
                             26                54 Legal/financial officer
                              9                55 Guardian
                            170                91 Other relative
                          1,070                92 Other non-relative

HLPRAGE  16  3  AGE2FMT          EN7               N Age of helper

                          4,586                 . Inapplicable
                          6,079                   Age in years
```

          Notes: Applies to all helpers who lived with the SP at any time.
                 First available in 1992

```
LIVEWITH 19  2  YES1FMT          IN7               N Does helper live with SP?

                          5,954                 1 Yes
                          4,711                 2 No
```

          Notes: Based on residence of helper as of the fall round.
                 First available in 1992

```
Variable  Col Len Format   Frequency ComQues# FacQues#  Variable Type & Label
--------  --- --- -------- --------- -------- --------  ----------------------------------------


HCPROF    21  2  YES1FMT            HH1                  N Is helper a health care professional?

                               344                      1 Yes
                            10,321                      2 No

              Note: First available in 1992

HLPRTELE  23  2  YES1FMT            HFK4a                N Helper who assists SP w/ the telephone

                               824                      1 Yes
                             9,841                      2 No

              Notes: Applies only if HELPTELE = 1
                     First available in 1992

HLPRLHWK  25  2  YES1FMT            HFK4b                N Helper who assists SP w/ light housework

                             2,199                      1 Yes
                             8,466                      2 No

              Notes: Applies only if HELPLHWK = 1
                     First available in 1992

HLPRHHWK  27  2  YES1FMT            HFK4c                N Helper who assists SP w/ heavy housework

                             4,813                      1 Yes
                             5,852                      2 No

              Notes: Applies only if HELPHHWK = 1
                     First available in 1992

HLPRMEAL  29  2  YES1FMT            HFK4d                N Helper who assists SP prepare meals

                             1,796                      1 Yes
                             8,869                      2 No

              Notes: Applies only if HELPMEAL = 1
                     First available in 1992

HLPRSHOP  31  2  YES1FMT            HFK4e                N Helper who assists SP with shopping

                             2,719                      1 Yes
                             7,946                      2 No

              Notes: Applies only if HELPSHOP = 1
                     First available in 1992

HLPRBILS  33  2  YES1FMT            HFK4f                N Helper who assists SP manage money

                             1,545                      1 Yes
                             9,120                      2 No

              Notes: Applies only if HELPBILS = 1
                     First available in 1992

HLPRBATH  35  2  YES1FMT            HFL9a                N Helper who assists SP with bathing

                             1,675                      1 Yes
                             8,990                      2 No

              Notes: Applies only if EQIPBATH = 1
                     First available in 1992
```

```
Variable  Col Len Format   Frequency ComQues# FacQues# Variable Type & Label
--------  --- --- -------- --------- -------- -------- ----------------------------------------

HLPRDRES  37  2  YES1FMT             HFL9b             N Helper who assists SP with dressing

                             1,256                    1 Yes
                             9,409                    2 No

          Notes: Applies only if EQIPDRES = 1
                 First available in 1992

HLPREAT   39  2  YES1FMT             HFL9c             N Helper who assists SP with eating

                               365                    1 Yes
                            10,300                    2 No

          Notes: Applies only if EQIPEAT = 1
                 First available in 1992

HLPRCHAR  41  2  YES1FMT             HFL9d             N Helper who assists SP get in/out chairs

                             1,266                    1 Yes
                             9,399                    2 No

          Notes: Applies only if EQIPCHAR = 1
                 First available in 1992

HLPRWALK  43  2  YES1FMT             HFL9e             N Helper who assists SP with walking

                             1,625                    1 Yes
                             9,040                    2 No

          Notes: Applies only if EQIPWALK = 1
                 First available in 1992

HLPRTOIL  45  2  YES1FMT             HFL9f             N Helper who assists SP with using toilet

                               636                    1 Yes
                            10,029                    2 No

          Notes: Applies only if EQIPTOIL = 1
                 First available in 1992

HLPRUSGO  47  2  YES1FMT             US11              N Helper who usually goes with SP to Dr

                             6,141                    1 Yes
                             4,524                    2 No

          Notes: Applies only if someone usually accompanies SP [ACCOMPUS=1 (RIC 3)]
                 First available in 1992

USREMAIN  49  2  REMFMT              US11a             N Does helper remain with you at Dr

                                 2                   -8 Don't know
                             4,524                   -1 Inapplicable
                             3,433                    1 Yes always
                             1,597                    2 No Never
                             1,109                    3 Sometimes

          Notes: Applies only if someone usually accompanies SP [ACCOMPUS=1 (RIC 3)]
                 First available in 2001
```